

First Steps Standards Professional Development Course Overview

Welcome to Career Technical Education (CTE)! In accordance with [Idaho Code §33-1614](#), this board-approved professional development course prepares Idaho teachers to deliver the First Steps Standards in newly required career exploration courses for seventh or eighth grade students beginning Fall 2023.

The First Steps Professional Development Course is a 15-hour, three-week course with three sequential modules delivered online through Canvas. Weeks 1 and 2 (Modules 1 & 2) are asynchronous. Week 3, Module 3 requires 2 two-hour virtual meetings, held on Monday and Tuesday over Zoom. [Registration](#) is open! Additional cohorts will be added.

COHORT	REGISTRATION CLOSES*	START DATE	WEEK 3 ZOOM MEETINGS*	END DATE
1	July 17, 12 pm	July 10	7/24 & 25 9-11 am	July 29
2	July 14, 12 pm	July 17	7/31 & 8/1 9-11 am	Aug 4
3	July 21, 12 pm	July 24	8/7 & 8 5-7 pm	Aug 11
4	July 28, 12 pm	July 31	8/14 & 15 5-7 pm	Aug 18
5	Aug 4, 12 pm	Aug 7	8/21 & 22 5-7 pm	Aug 25
6	Aug 11, 12 pm	Aug 14	8/28 & 29 5-7 pm	Sept 1
7	Aug 18, 12 pm	Aug 21	9/4 & 5 5-7 pm	Sept 10
8	Aug 25, 12 pm	Aug 28	9/11 & 12 5-7 pm	Sept 17
9	Sept 1, 12 pm	Sept 4	9/18 & 19 5-7 pm	Sept 24
10	Sept 8, 12 pm	Sept 11	9/25 & 26 5-7 pm	Oct 1
11	Sept 15, 12 pm	Sept 18	10/2 & 3 5-7 pm	Oct 8
12	Sept 22, 12 pm	Sept 25	10/9 & 10 5-7 pm	Oct 15

*All times are MT

Course Outline

Week 1: Module 1 Foundations of CTE (Asynchronous)

- 1.1 What is CTE?
- 1.2 Brief History of CTE in Idaho
- 1.3 State Structure of CTE
- 1.4 CTE Pathways and CTSOs at Feeding High Schools

1.5 Related Middle School CTE Courses

Week 2: Module 2 Foundations of Career Development (Asynchronous)

- 2.1 Overview of Career Development Theories
- 2.2 Idaho's Career Development Initiatives
- 2.3 District Career Development Plan

Week 3: Module 3 The First Steps Standards (2 required two-hour Zoom meetings)

- 3.1 Teaching the First Steps Standards
- 3.2 Career Pathway Plan
- 3.3 Instructional Resources
- 3.4 Delivery Methods

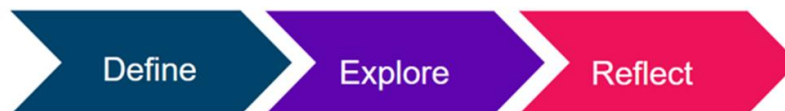
Note: Module 3 can be rescheduled for a following week with instructor approval.

Curriculum Map

		Success Criteria	1.1	1.2	1.3	1.4	1.5	2.1	2.2	2.3	3.1	3.2	3.3	3.4
Resources	1	I can access and use resources to facilitate student learning of the First Steps Standards.		X	X	X	X		X	X		X	X	X
	2	I can facilitate a variety of reflection activities so students can demonstrate learning.											X	X
	3	I can hold meaningful career conversations with students, parents, and employers.						X			X			
Knowledge	4	I can explain career technical education to students and parents.	X	X	X	X	X	X						
	5	I can articulate the Career Cluster Framework and careers within clusters.	X				X				X			
	6	I can accurately articulate the CTE programs, pathways/clusters, and corresponding Career Technical Student Organizations available at my feeding high school(s).					X							
	7	I can describe the routes and opportunities students have at feeding high schools.				X			X					
	8	I can accurately explain the Career Pathway Plan process to students and parents.							X	X		X		
Professional Practice	9	I can facilitate the Career Pathway Plan process with students.								X		X		
	10	I can create lesson plans to facilitate student learning of the First Steps Standards.									X	X	X	X
	11	I can connect with my CTE and career development partners in my school, district, region, and state.	X			X	X		X	X		X		
	12	I can check my implicit bias and support each student as they explore options and begin their postsecondary and career journey.									X			
	13	I can access information on continued professional development opportunities.							X				X	

Inquiry Cycle

Inquiry cycle to achieve success criteria for learning intentions



- Define: Consume content related to the topic
- Explore: Engage in learning opportunities
- Reflect: Consider what and how new learning will be incorporated into instructional practice

Capstone Project

- Part 1 – Using resources provided, create a contact list CTE and career development partners in your school, district, region, and state to use throughout your instruction.
- Part 2 – Using resources provided, create a lesson plan based on assigned First Steps Standard(s) that you feel comfortable receiving asset-based feedback on. Lesson plans may be made available for all those teaching career exploration courses.

- First names A-I – Domain 1 Standards
 - First names J-R – Domain 2 Standards
 - First names S-Z – Domain 3 Standards
- Part 3 – Provide asset-based feedback to two lesson plans. Review the feedback you received and submit final version.

Evidence of Learning

Evidence	Due*
Module 1 Initial Discussion Post	Cohort 1-6 Wednesday of Week 1 by 11:59 pm Cohorts 7-12 Thursday of Week 1 by 11:59 pm
Module 1 Response Posts	Cohorts 1-6 Saturday of Week 1 by 11:59 pm Cohorts 7-12 Sunday of Week 1 by 11:59 pm
Module 1 Reflection	Cohorts 1-6 Saturday of Week 1 by 11:59 pm Cohorts 7-12 Sunday of Week 1 by 11:59 pm
Module 2 Initial Discussion Post	Cohorts 1-6 Wednesday of Week 2 by 11:59 pm Cohorts 7-12 Thursday of Week 2 by 11:59 pm
Module 2 Response Posts	Cohorts 1-6 Saturday of Week 2 by 11:59 pm Cohorts 7-12 Sunday of Week 2 by 11:59 pm
Module 2 Reflection	Cohorts 1-6 Saturday of Week 2 by 11:59 pm Cohorts 7-12 Sunday of Week 2 by 11:59 pm
Parts 1 & 2 Capstone Project	Cohorts 1-6 Wednesday of Week 3 by 11:59 pm Cohorts 7-12 Thursday of Week 3 by 11:59 pm
Part 3 Capstone Project	Cohorts 1-6 Saturday of Week 3 by 11:59 pm Cohorts 7-12 Sunday of Week 3 by 11:59 pm
Module 3 Reflection	Cohorts 1-6 Saturday of Week 3 by 11:59 pm Cohorts 7-12 Sunday of Week 3 by 11:59 pm

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Documentation of Completion

Progress toward and course completion is documented through Idaho's microcredential platform, [SkillStack®](#). Sub-badges are awarded upon completion of each module and stack to a First Steps badge upon completion of the course. Participants will have access to their badges through SkillStack®.

Optional Professional Development Credit

One credit available through University of Idaho for \$55.00. One additional credit available for submission of a reflective essay following the course for an additional \$55.00. More information will be shared in the course.

Allowances

“Educators assigned to teach the career exploration course who qualify for one of the allowances below must register for the First Steps Professional Development Course but will badge accordingly upon validation.”

1. Served in the First Steps Pilot Group
2. Served on the First Steps for Next Steps Idaho Project
3. Taught 8th Grade Career Exploration for IDLA between Fall 2020-May 2023
4. Submit clear evidence of prior learning, **per module**, during Week 1.

Module 1 – Unofficial transcript of completion of Foundations of CTE course

Module 2 – Unofficial transcript of completion of Career Guidance/Development course **or** a non-credit bearing certificate of completion of Career Guidance/Development professional development training

Module 3 – Three pieces:

- 2021-22 or 2022-23 course syllabus identifying the instruction of each of the First Steps Standards
- **AND** certificate of completion of professional development related to implicit bias
- **AND** submission of Parts 1 and 2 of the Capstone Project, as required

Questions? Contact Jenni Bradford (jenni.bradford@cte.idaho.gov), Senior Program Quality Manager.